

## HEALTH

<https://www.peacecorps.gov/volunteer/what-volunteers-do/#health>



**Serve on the front lines of global health.** Health Volunteers work within their communities to promote important topics such as nutrition, maternal and child health, basic hygiene, and water sanitation. Volunteers also work in HIV/AIDS education and prevention programs to train youth as peer educators, develop appropriate education strategies, provide support to children orphaned by the pandemic, and create programs that provide emotional and financial support to families and communities affected by the disease.

*If you choose Health, take three courses from one of the following areas:*

- Nursing
- Nutritional Sciences
- Dietetics
- Health Science
- Pre-med
- Biology
- Health Education and Behavior
- Environmental Engineering

*And build 50 hours of **related** field experience through an activity such as:*

- Volunteer or work experience in such areas as HIV/AIDS outreach, hospice, family planning counseling, emergency medical technician (EMT) or CPR teaching/certification, maternal health, and hands-on caregiving in a hospital, clinic, or lab technician setting. Some good options locally include:
  - ACORN: Alachua County Organization for Rural Needs
  - Florida Department of Health or Alachua County Health Department
  - Emerging Pathogens Institute
  - Shands/UF Health Childbirth & Lactation education
  - Health Street
  - UF Mobile Outreach Clinic
  - Rural Women's Health Project
- Counseling or teaching in health subjects
- Working as a resident advisor in a dormitory, as a peer nutritionist, or as a sexually transmitted infections counselor
- Significant experience in mechanical repairs, construction, carpentry, masonry, plumbing, hydrology, or set design
- Participate in Florida Alternative Breaks. (ie: Child Nutrition program)
- Get involved & volunteer in a student organization on campus: Gatorwell, Gator Savers, Community Health Service Corps, International Medical Outreach, Arts in Medicine, STRIVE, or School Health Interdisciplinary Program (SHIP).