

# Dr. Paula Alexander-Delpech

Assistant Professor Department of Family, Community, and Health System Science College of Nursing

Dr. Alexander-Delpech received her BSN and MSN from Florida International University and her Ph.D. from Barry University. Dr. Alexander-Delpech's main research focus is the delivery of culturally appropriate breast cancer awareness initiatives to low- and middle-income countries (LMICs) through high-quality, community-based education and contemporary eHealth. She has developed and led several faculty-led study abroad programs to countries in the Caribbean. Most recently, Dr. Alexander-Delpech developed and led a community-based culturally appropriate breast health awareness program in Grenada. The program was guided by a community-based philosophy of health care and social planning. The program trained Lay Community Health Workers (LCHW) in breast health and how to train women to conduct breast selfexaminations.

# **Global Research Interests**

- Women's Health
- Breast Cancer
- Health Behaviors and attitudes
- Health of Indigenous people of the Caribbean
- Utilizing mHealth to increase compliance

# Mentor: Dr. Linda Haddad

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# Countries of Focus

- Grenada
- Trinidad and Tobago
- Guyana
- Barbados
- Dominica
- Caribbean Region

# Connect

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